



**UNIVERSIDADE
CATÓLICA TIMORENSE**
SÃO JOÃO PAULO II, DILI, TIMOR-LESTE

MBBS IN TIMOR-LESTE

A NEW DESTINATION FOR GLOBALLY ALIGNED
MEDICAL EDUCATION



**4.5 YEARS
MBBS PROGRAM**



**1 YEAR
SEPARATE
INTERNSHIP**



**CBME
CURRICULUM**



**ENGLISH
MEDIUM**



**NMC ALIGNED
STRUCTURE**



GLOBAL EXPOSURE



QUALITY EDUCATION



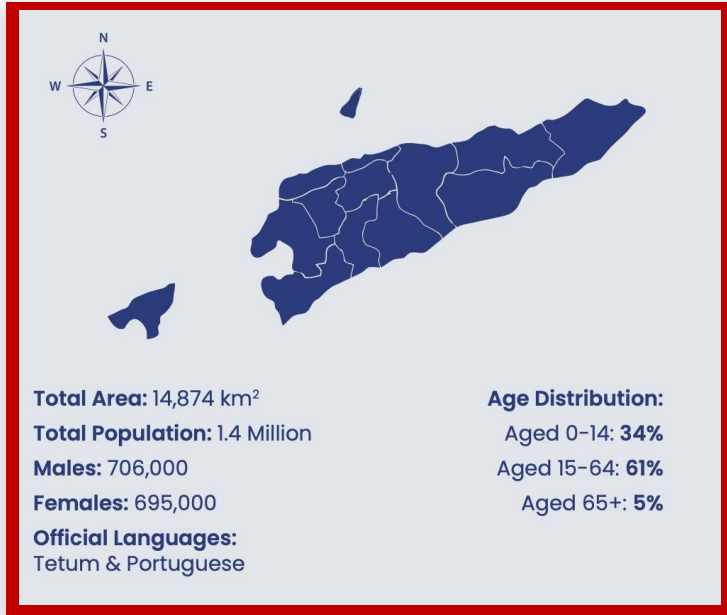
CLINICAL TRAINING



STUDENT SUPPORT

UNIVERSIDADE CATÓLICA TIMORENSE | DILI, TIMOR-LESTE

About Timor Leste - Asia's Hidden Gem



14,874 km²

Total Area

1.4M

Population

USD

Official Currency

25–35°C

Tropical Climate

**Tetum &
Portuguese**

Official Languages

2002

Year of Independence

 1,200+ reef fish species

 Home of Timor Hybrid Coffee

 Only Portuguese-speaking nation
in Asia

 Oil & Gas economy

India Timor : A Growing Strategic Partnership

2002

India among first nations to establish diplomatic relations with Timor-Leste after independence



Jan 2024

President José Ramos-Horta visits India — first-ever Head of Government visit; met PM Modi at Vibrant Gujarat Summit

Aug 2024

President Droupadi Murmu visits Dili — first Indian Head of State visit to Timor-Leste; full state honors



2024

Both nations open resident Embassies in Dili & New Delhi — milestone in bilateral engagement



2024–25

Indian MBBS students begin arriving; Indian business community grows; academic MoUs signed with UCT

India and Timor Leste Opens Embassies In Dili And New Delhi



His Excellency Mr. Madan Kumar Ghildiyal, Ambassador of the Republic of India, has officially assumed his duties at the Embassy of India in Dili, Timor-Leste.



His Excellency Mr. Karlito Nunes, Ambassador of the Democratic Republic of Timor-Leste, has officially assumed his duties at the Embassy of Timor-Leste in New Delhi, India.

Why Study MBBS in Timor-Leste?

A rising Southeast Asian nation building a robust medical education ecosystem aligned with international academic standards.

01 Affordable Education

Low tuition, USD currency, cost-effective living quality without the financial burden.

02 International Exposure

Diverse global community, English-medium education, and cross-cultural clinical training.

03 Personalised Learning

Small batch sizes, dedicated Indian faculty, FMGE coaching from Day 1.

04 Growing Healthcare Infrastructure

Modern labs, simulation centers, hospital partnerships with real clinical exposure.

05 Safe & Peaceful Environment

Low crime, warm hospitality, vibrant Indian community, focused study environment.

06 Cultural Mix

Friendly, diverse student community



UNIVERSIDADE CATÓLICA TIMORENSE

SÃO JOÃO PAULO II



Important Points to Consider UCT Timor Leste For Medicine



**UNIVERSIDADE
CATÓLICA
TIMORENSE**

SÃO JÃO PAULO II



Catholic management with rich cultural heritage & ethnicity



Excellent clinical training with hands-on patient practice



Real Practical Oriented Medical Programme



AIIMS Delhi syllabus.
Indian curriculum of education



Tropical climate with disease pattern similar to India



Quality education at affordable cost — ideal value for money



Ideal student-to-professor ratio for personalised attention



Indian management as the academic partner



Rich culture, humility and friendly local people of Timor-Leste



Indian and Jain Home Style Cuisine available on campus



PR after 5 years of stay; citizenship eligibility after 10 years



Timor-Leste's passport — 50th strongest globally with EU visa-free entry



Accreditation & Approval Globally Recognized

UNIVERSIDADE CATÓLICA TIMORENSE (UCT) is approved, compliant & accredited with several esteemed international organizations — a significant achievement in our commitment to excellence in education and healthcare.



ECFMG

Educational Commission for Foreign Medical
Graduates (USA)



USMLE

United States Medical Licensing Examination -
UCT eligible graduates



FAIMER

Foundation for Advancement of International
Medical Education & Research



NMC India

National Medical Commission, India - 100%
NMC Schedule I Compliant



WDOMS

The World Directory of Medical Schools
(WDOMS) directory of the world's
undergraduate medical education programmes



ANAAA

National Agency for Academic Assessment &
Accreditation, Timor-Leste

Affordable Education Ecosystem



Low Cost of Living

USD currency makes budgeting simple. Cost of living is significantly lower than private Indian colleges.



Affordable Tuition

Tuition fees structured to be accessible for middle-income Indian families — no compromise on quality.



Easy Connectivity

Via Bali (daily), Kuala Lumpur (twice weekly) or Singapore (twice weekly). Budget-friendly travel options.



Accommodation

AC rooms, Indian mess (veg + non-veg), no external distractions all included in package.



Timor-Leste MBBS is estimated to be 40% more affordable than equivalent private MBBS in India with NO compromise on NMC compliance.

International Exposure & Global Opportunities

English-Medium Education

100% English instruction enables seamless integration into global medical programs including PLAB (UK) and USMLE (USA) after graduation.

Multicultural Campus

Study alongside students from across India and Southeast Asia — building lifelong global networks and cultural intelligence.

International Faculty

500+ faculty members with global exposure from prestigious institutions worldwide, including 120+ with international experience.

Global Recognition

UCT's MBBS is an internationally recognized degree. Graduates can pursue PG studies in UK, USA, and other countries after clearing PLAB/USMLE.

Community Medicine

Regular field visits to local communities — building real-world clinical skills, communication, and social responsibility beyond the classroom.

Research Culture

UCT encourages hands-on student research from early years — building analytical thinking aligned with international academic standards.



Personalised Learning Environment



"UCT is not just a place to study medicine — it's where future doctors are nurtured."



Indian Faculty

Skilled, supportive medical educators from India ensure students feel at home while receiving world-class instruction.



FMGE / NExT Focus from Day 1

In-campus and online coaching for FMGE/NExT conducted by faculty in collaboration with MedWay preparation starts at Day 1, not year 5.



AIIMS-Equivalent Curriculum

Same syllabus as AIIMS Delhi — CBME-based, ensuring every Indian student is fully aligned with national medical standards.



Small Batch, Big Impact

Limited batch sizes ensure each student gets individual attention, mentoring, and close faculty relationships throughout the program.



Peer Learning Culture

Collaborative, supportive student community across Indian states — seniors actively mentor juniors toward success.

Growing Healthcare Infrastructure

UCT is investing in state-of-the-art facilities to ensure every student gets real-world clinical readiness.



Advanced Laboratories

Fully-equipped anatomy, biochemistry, physiology, pathology and microbiology labs for hands-on learning.



Hospital Partnerships

Clinical training through real hospital attachments — practical exposure to patient care from early years.



Simulation Centers

Simulation labs for skill training — preparing students for real clinical scenarios safely before entering wards.



Research Infrastructure

Dedicated research focus encourages students to publish and engage with cutting-edge medical science.



Digital Learning

In-campus and online academic programs, including live classes and recorded lectures for comprehensive coverage.

Safe & Peaceful Environment for Indian Students



Peaceful Nation

Timor-Leste is known for its low crime rate and warm, welcoming local population. International students are respected and protected.



Indian Embassy in Dili

India has a resident Embassy in Dili — providing consular support and peace of mind for students and parents alike.



Vibrant Indian Community

60+ Indian doctors already practice in Timor-Leste. A growing Indian diaspora ensures cultural comfort and community.



No Distractions Just Studies

Calm, tropical environment — no urban chaos. Students focus entirely on academics and personal growth.



Tropical Climate

Year-round warmth (25–35°C), similar to India — easy adaptation with no weather-related disruptions.

About UCT - Universidade Católica Timorese



First Private Autonomous Medical University in Timor-Leste

Adopting CBME and CRMI Guidelines in accordance with NMC Schedule I for the MBBS Curriculum.

NMC Compliant Programs

100% aligned with NMC Schedule I guidelines — fully compliant curriculum for Indian graduates.

Accreditation & Approval

Recognized by ANAAA (National Agency for Academic Assessment & Accreditation) and international academic bodies.

Expert Medical Faculty

Skilled Indian and international faculty — supportive educators committed to student success in every department.

Government Backed

UCT is supported at the highest level — Vice PM, Minister of Education, and the Church of Timor-Leste.



UCT Hospitals - Multi-Speciality Clinical Training



640+ Beds | Multi-Speciality Teaching Hospitals | Real Clinical Exposure

UCT's Own Base Private Hospitals



Maternidade de Nossa Senhora de Fátima, Díli, Timor-Leste



Saint Vincent Clinic of Dili

Associate Govt Hospitals & Community Centres

1. Guido Valadares National Hospital (HNGV)
2. Ermera Hospital
3. Lahane Hospital
4. Liquiçá Hospital
5. Eduardo Ximenes Regional Hospital (HoREX)

How UCT Timor is 100% Compliant with NMC Guidelines



MBBS in Timor-Leste | UCT

NMC FMGL Regulations Aligned Structure - 6 Pillars of Compliance

01 54-Month Academic Curriculum

4.5 year competency-based MBBS program (CBME) same structure and syllabus as AIIMS Delhi.

02 Separate Internship Structure

1-year Compulsory Rotating Medical Internship (CRMI) — separate from academics, same as India's internship structure.

03 English Medium Education

All instruction, examinations, and clinical training conducted in English — ideal for Indian students.

04 Structured Clinical Exposure

Real hospital-based training from early years through affiliated hospitals — building clinical confidence progressively.

05 License to Practice Framework

No additional licensing exam required. Graduates can apply directly for an independent medical license in Timor-Leste.

06 AIIMS CBME Curriculum

Competency-Based Medical Education (CBME) aligned with AIIMS Delhi ensuring NExT/FMGE readiness from Day 1.

MBBS Curriculum - Year Wise Structure

Phase I (Year 1–2)

Anatomy

Physiology

Biochemistry

Community Medicine (Part 1)

Foundation Course

Phase II (Year 2–3)

Pathology

Microbiology

Pharmacology

Forensic Medicine

Community Medicine (Part 2)

Phase III (Year 3–4.5)

Medicine & Allied

Surgery & Allied

Obs & Gynecology

Paediatrics

Community Medicine (Part 3)

★ **CBME — Competency-Based Medical Education** | Same Syllabus as AIIMS, Delhi | FMGE / NExT Integrated Coaching from Day 1

Community Medicine & Family Adoption Program

NMC Compliance Initiative

Each Indian medical student will remain associated with the same five adopted families throughout the duration of the MBBS program, enabling longitudinal learning and continuity of community care.

Long Term Commitment

As per the NMC CBME Curriculum (Schedule-I), Family Adoption is an integral component of Community Medicine training. UCT has implemented this program to provide students with continuous community-based healthcare exposure.

Program Highlights

5 Villages Adopted under the Community Medicine Department

25 Students Assigned per Village

Each Student Adopts 5 Timorese Families

Faculty & Staff Supervision during all field activities

Weekly Visits: Every Saturday (8:00 AM – 2:00 PM)

Program Commencement: Second Week of June

Learning Objectives

- ✓ Develop community healthcare competencies
- ✓ Understand family health dynamics and social determinants of health
- ✓ Conduct health assessments and preventive healthcare activities
- ✓ Strengthen doctor-patient communication skills
- ✓ Gain hands-on exposure to primary healthcare delivery



CRMI - Clinical Internship: Department-Wise Teaching Hours

Clinical Posting Structure

3 hours of clinical posting daily (Semester 3–9) in varied hospital settings and patient populations across Timor-Leste.

12-Month Rotational Internship

At Guido Valadares National Hospital, Dili. Rotation across all departments including ward posting, HDU, ICU, rural health centres, and Multi-Speciality Hospital exposure.



Subject	Weeks
General Medicine	26
Paediatrics	10
T.B & Chest	02
Skin & STD	06
Psychiatry	02
Radiology	02
General Surgery	26
Orthopaedics	10
Ophthalmology	10
ENT	08
Obst & Gynae	24
Comm. Medicine	12
Casualty	02
Dentistry	02
TOTAL WEEKS	

Internship - Compulsory Rotating Medical Internship (CRMI)



Duration:

1 Year (Compulsory)

Structure:

Rotating across all major departments

Same as India:

Yes — same rotating structure as Indian CRMI

Hospital-based:

Real patient care in affiliated hospitals

After Internship:

Eligible for independent medical license in Timor-Leste

India Return:

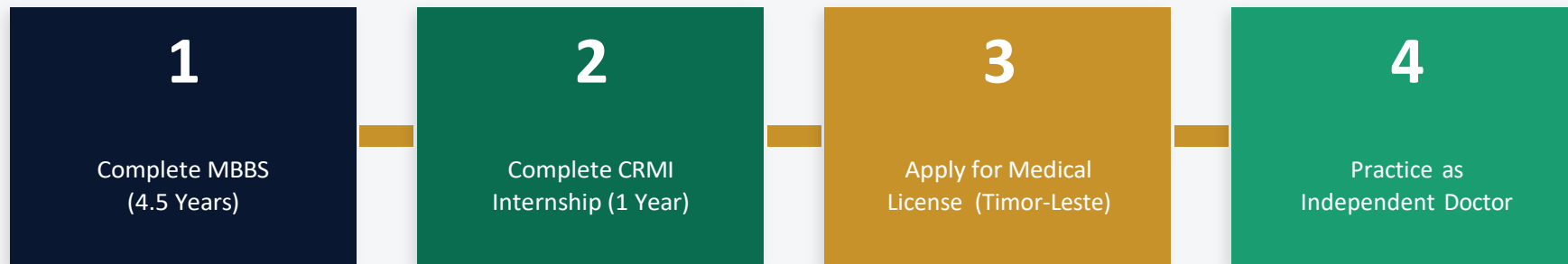
Complete internship, return to India, appear for NExT for India license



Timor-Leste mandates CRMI — directly mirroring India's internship model. Students are fully prepared for NExT and PG entrance exams.

License to Practice - A Direct Pathway

No Additional Licensing Exam Required in Timor-Leste



Same as Citizens

Foreign nationals receive equivalent medical licenses as Timor-Leste citizens — no discrimination.

60+ Indian Doctors

Over 60 Indian doctors are already practicing medicine independently in Timor-Leste today.

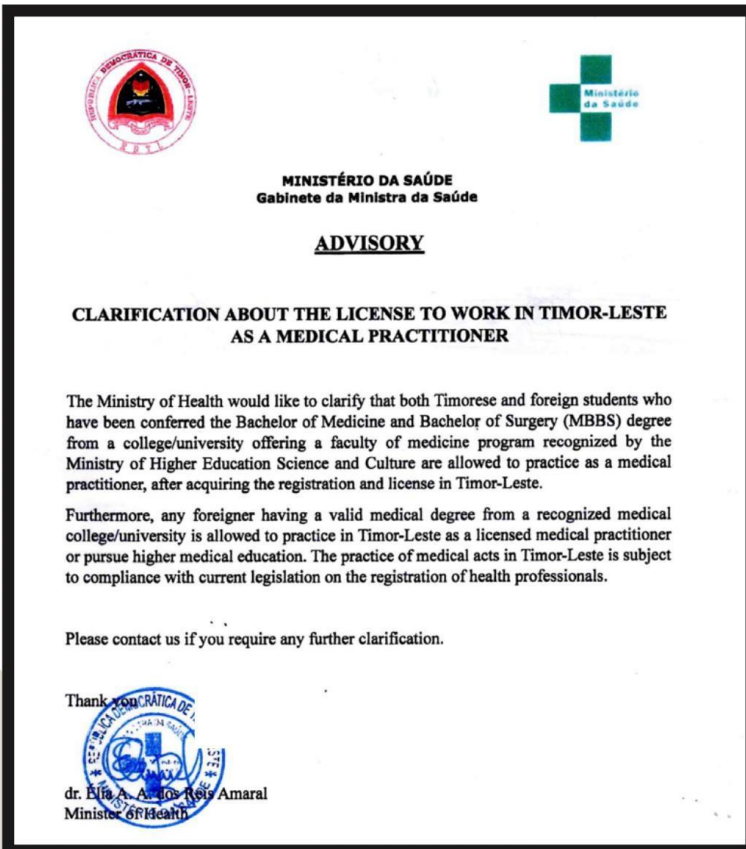
Global PG Options

UCT's degree is internationally recognized. After PLAB/USMLE, graduates can pursue PG in UK or USA.

Return to India

Graduates return to India and appear for NExT to practice or pursue PG in India — clear pathway.

License to Practice In Timor To Indian Nationals



Indian citizens who applied for a clinical practice license in Timor-Leste received their license within a week of applying, without the need for any licensure examination

Program Duration Complete 5.5 Year Journey

Foundation Course: 2 Months

Phase I Pre-Clinical 24 Months

Phase II Para-Clinical 24 Months

Phase III Clinical 18 Months

CRMI Internship 12 Months

Timor-Leste's ANAAA confirms UCT's MBBS program is officially accredited follows national higher education standards, and includes a separate one year internship structure.

TOTAL: 5.5 Years (4.5 Years Academic + 1 Year CRMI Internship)



REPÚBLICA DEMOCRÁTICA DE TIMOR-LESTE
AGÊNCIA NACIONAL PARA A AVALIAÇÃO E ACREDITAÇÃO ACADÉMICA, I.P.
(ANAAA, I.P.)

National Agency for Academic Assessment and Accreditation

Rua de Balide, Dili, Timor Leste

Tel: +670 78675565

Website: www.anaaa.gov.tl



ADVISORY

SUBJECT: CLARIFICATION ABOUT INTERNATIONALLY ACCREDITED BACHELOR OF MEDICINE AND BACHELOR OF SURGERY (MBBS) PROGRAM.

The ANAAA - National Agency for Academic Assessment and Accreditation would like to inform you that universities in Timor Leste have signed memorandums of cooperation with international organizations to put into effect the Bachelor of medicine and Bachelor of Surgery (MBBS) course to improve medical curriculum, facilitate foreign faculty exchange, and permitting international student mobility under the faculty of medicine license in the respective universities.

Following the decree law No. 68/2022 of September 14, Chapter VII, Article 50, higher education establishments, i.e. universities, enjoy academic autonomy; therefore, universities have the freedom to implement, introduce, or restructure curriculum that is futuristic and intends to enhance the curriculum competent to international standards in accordance with the statutes of the institution to which they belong in addition to their own.

The MBBS course will be offered for four years and six months, and a one-year internship or housemanship subsequently.

Additionally, international and Timorese students can get in touch with the relevant educational institutions for enrolment in the MBBS program.

Please contact us if you require any further clarification.

Thank you

Mr. Nilton D. Paiva Mau, Ph.D.

Executive Director,

ANAAA - National Agency for Academic Assessment and Accreditation

Letter No: 110/ANAAA.I.P/V/2204

Issued on 27 May 2024. Dili, Timor Leste

Esteemed Faculty At UCT Timor

500+

Faculty Members

120+

From Prestigious
Institutions Worldwide

30+

With International
Experience

100%

Indian Faculty
for FMGE Coaching

Head Faculty — Department Leads



Dr. Brittany Guidos — Dept of Community Medicine (Head & Professor)



Dr. Kanchana Amarnath — Biochemistry (Professor / Director Academics)



Dr. Benith B Shalin — Anatomy (Professor / Deputy Director Academics)



Dr. Leena Sweetlin K — Physiology (Head & Professor)



Dr. Rama Shankar — Community Medicine



Dr. Priyansh Jain — Biochemistry



Dr. Salman Kamal — Microbiology



Dr. Sandeep Govil — Psychiatry



Dr. Reena Kaur — Physiology



Dr. Shefali Tyagi — Obs & Gynae



Dr. Rakesh Mittal — Surgery



Dr. Sanjay Khatri — Paediatrics

Admission Process — Step-by-Step Guide

1

Submit Application

High school certificates, scanned passport copy, and passport-size photograph. Quick and simple.

2

Acceptance Letter

Within 2 weeks, the Admission Review Committee issues your acceptance letter. Pay 40% advance tuition fee.

3

Submit Documents

10th & 12th marksheets, Medical Fitness Letter, Police Clearance, Sponsor Letter, Bank Statement (min USD 7,000), Yellow Fever certificate.

4

Pay Balance Fee

Min. 1 month processing. Pay remaining tuition + accommodation charges + flight tickets.

5

Fly to Timor-Leste!

Indian Admission Office confirms travel date. Batch flies together. University provides airport pickup & drop.



NEET qualification is mandatory for admission to UCT Timor-Leste.

Student Facilities — Home Away from Home



Indian Mess (Veg + Non-Veg)

Dedicated Indian mess serving authentic veg and non-veg meals daily — no compromise on taste or nutrition.



Comfortable Accommodation

Separate, air-conditioned hostel facilities for boys and girls — safe, clean, and fully furnished on-campus.



FMGE Focus from Day 1

MedWay-collaborated FMGE/NExT coaching integrated from the first year — not an afterthought.



No Distractions — Just Studies

Peaceful tropical campus away from urban chaos — no parties, no noise. Total focus on academics and growth.



Senior Mentoring Culture

Seniors actively guide juniors through the academic journey — smooth transition and continuous peer support.

Country Wise Comparison - NMC Compliance & Key Factors

Key selection factors include NMC compliance, internship structure, licensing rules, clinical exposure, language, climate, and budget.

Country	Duration	Internship	Curriculum	License Exam	Clinical Exp.	Language	Climate
TL Timor-Leste	5.5 Years	Separate 	Strong / CBME 	Not Required 	Developing	English / Portuguese	Tropical 
IN India	5.5 Years	Sep. CRMI	Native CBME	Not Required	Very High	English / Regional	Tropical
BD Bangladesh	6 Years	Separate	Strong	Not Required	Very High	English / Bangla	Tropical & Humid
NP Nepal	5.5 Years	Separate	Strong	Required	High	English / Nepali	Moderate
GE Georgia	6 Years	Integrated	Moderate	Required	Moderate	Georgian	Mild to Cold
RU Russia	6 Years	Integrated	Moderate	Required	Moderate	Russian	Ext. Cold
CN China	6 Years	Separate	Moderate	Required	Moderate	Chinese	Mod. to Cold
UZ Uzbekistan	6 Years	Integrated	Emerging	Not Required	Moderate	Uzbek / Russian	Cold winters
KZ Kazakhstan	7 Years	Separate	Emg. to Mod.	Required	Mod. to High	Kazakh / Russian	Extreme Cold

 = Timor-Leste Advantage | Data sourced from publicly available country information

What Our Students Say



UCT is not just a place to study medicine — it's where future doctors are nurtured.

— Salone Priya Sah, Bihar



The support from seniors, faculty, and staff made my transition from school to medical college smooth and motivating.

— Suhani Tevatia, Uttar Pradesh



Being here has given me clarity about my future. With the knowledge and guidance I've received, I'm confident I'll crack my PG entrance with ease.

— Ritesh, Rajasthan



The hands-on experience, interactive lectures, and passionate faculty at UCT have ignited a lifelong passion for medicine in me.

— Tharun Kumar, Tamil Nadu



Studying at UCT has been a transformative journey. I feel truly prepared to serve with skill and compassion.

— Siddarth Thangamani, Tamil Nadu



The emphasis on ethics and patient care taught me that being a good doctor is about knowledge and humanity.

— Mabil Victor Gnanraj, Tamil Nadu

White Coat Ceremony – A Doctors First Step



White Coat Ceremony 2024



White Coat Ceremony in Chennai



White Coat Ceremony in Gujarat



White Coat Ceremony in Delhi





Your Dream of Becoming a Doctor

Starts in

TIMOR-LESTE.



Universidade Católica Timorese (UCT)

NMC-Aligned • AIIMS Curriculum • English Medium • No License Exam • Affordable



WEBSITE

www.mbbbs-md.com



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Get My University (GMU) —